

THALASSO SPA

Enjoy the relaxing feeling of weightlessness in the large **Salt Bath**, while the everchanging lights mesmerize your mind.

The **Salt Sauna** is heated to approx. 70 degrees. Take in panoramic views of the park, while enjoying the benefits of breathing air loaded with salt-ions.

- Salt content approx. 8%
- Water 34 degrees
- Depth 147 cm
- Roomtemp 36 degrees

Please remember to rinse thoroughly in the showers before using The Thermal Baths.

THE THERMAL BATHS

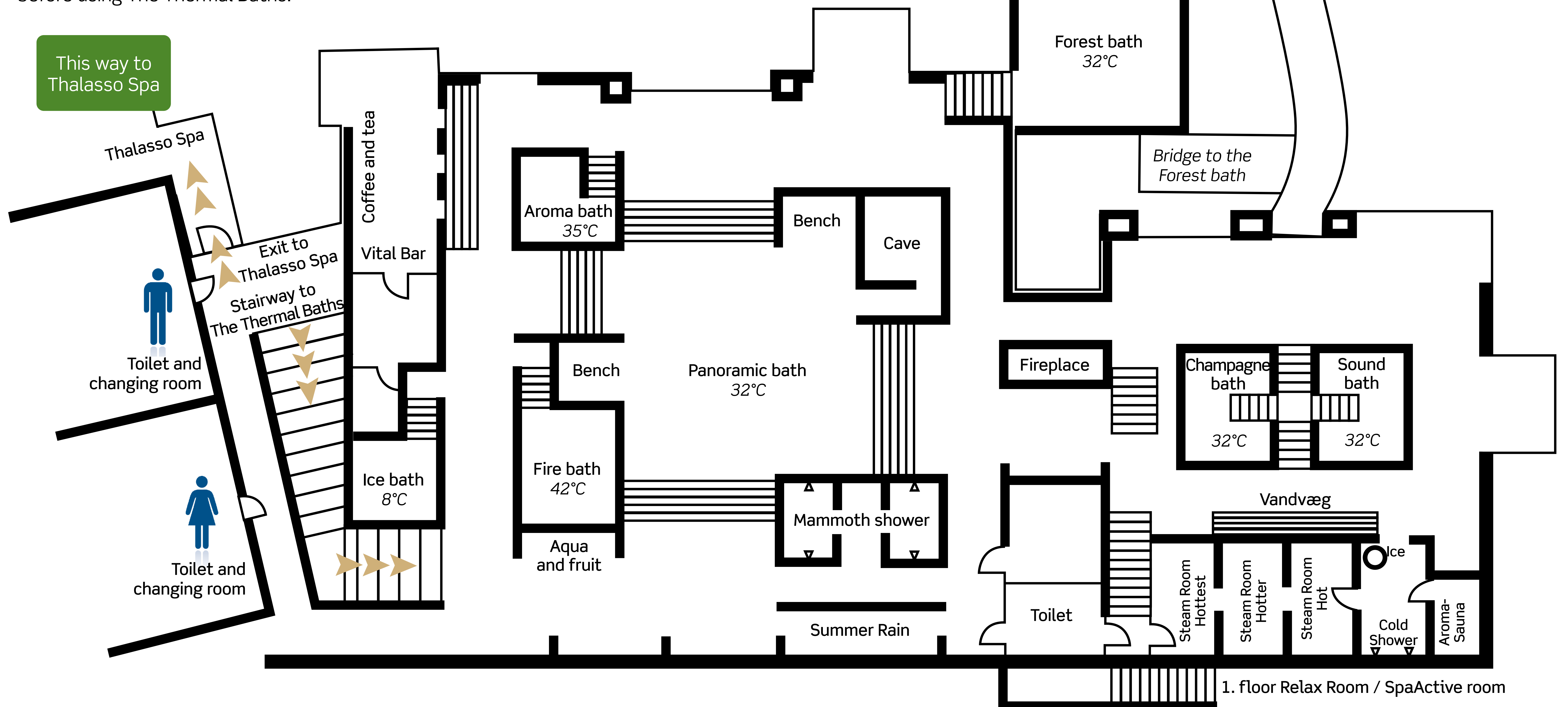
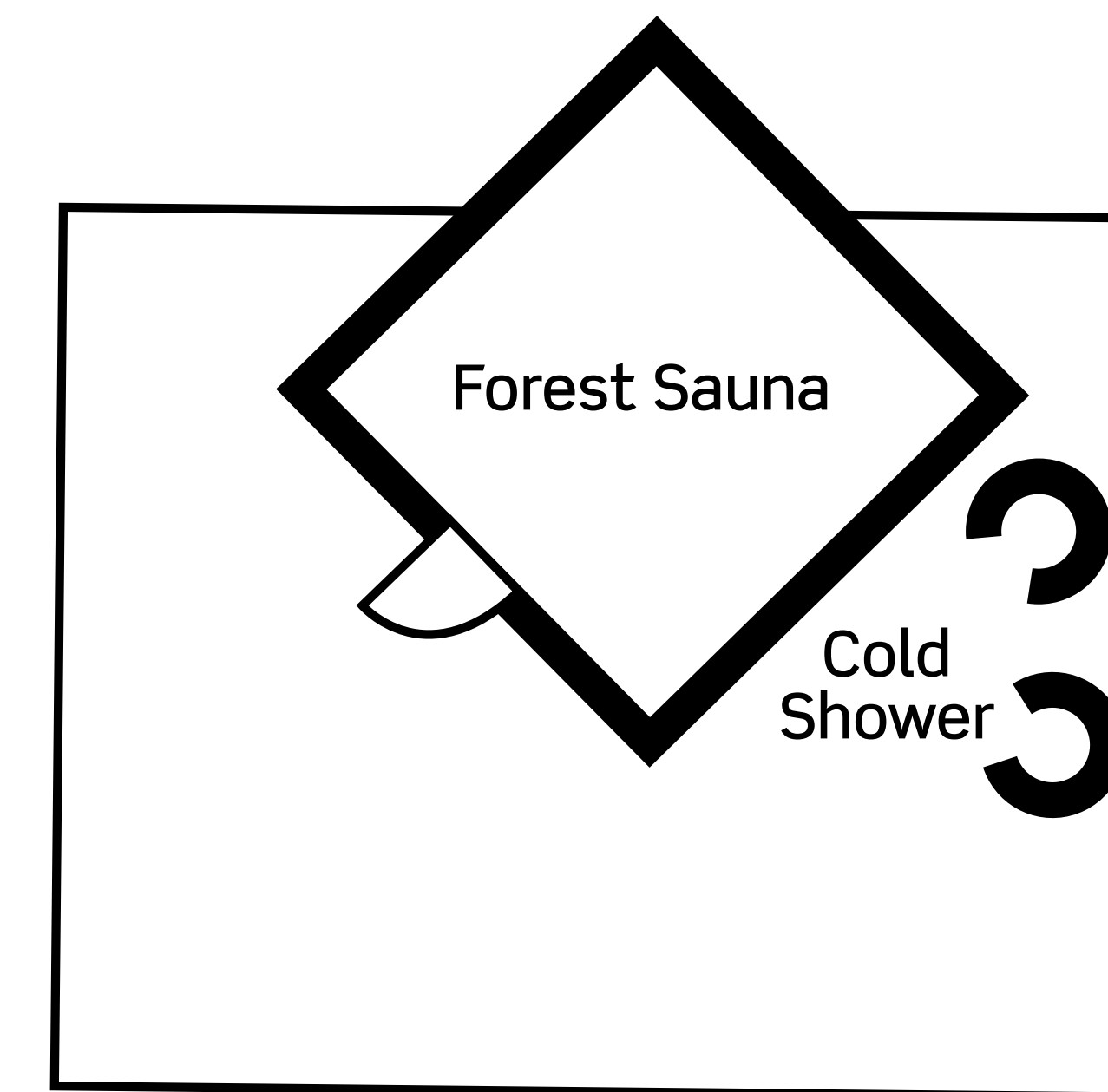
Start in the **Panoramic Bath** to acclimatize to the wet element.

Switch between the **Fire- and Icebaths** two to three times. End in the **Icebath**.

Get your ears below the surface in the **Sound Bath**, and you'll hear the music of Niels Eje.

Grab a cold shower to cool down after using the steamshowers or aromasauna.

Enjoy a quiet moment in the **Relaxlounge**.



1. floor Relax Room / SpaActive room