

Attractions

- 1 **Grandmother's Bridge** "Bedstemors bro" The original bridge was a gift from a tuberculosis patient and stretches over a deep gully in the woods. A new bridge was built in 2012.
- 2 **Fireplace** Fireplace area for small bonfires.
- 3 **Dovetree** A rare tree that blooms in May and June with leaves that resemble white doves or handkerchiefs.
- 4 **Anniversary Oak** A snag oak tree stands as a memorial sculpture in the woods. The tree was planted on the occasion of "Skydeselskabet's" 40th anniversary on 20th June 1942.
- 5 **Kongens Nytorv** A tranquil namesake of Kongens Nytorv in Copenhagen. Characterised by a white wooden horse.
- 6 **The Kings Beech** Beech tree with a trunk of 18m before the first branch.
- 7 **Kiss Me Quick Cottage** According to legend the old hunting cottage was used as a rendezvous for young tuberculosis patients. The new Kiss Me Quick Cottage was built in 2012.
- 8 **Monuments** Commemorating historical occasions.
- 9 **Mask tree** A collection of ceramic masks made in ergotherapy by patients of the Neurological Rehabilitation Centre.
- 10 **The Spring** Vejle fjord's natural drinking water supply.
- 11 **Tulip Tree** Blossoms in midsummer with a special and beautiful yellow-green tulip-like bloom.
- 12 **The Forest Tower** Built in November 2001.
- 13 **Tomb** Vejle fjord's founder, Christian Saugman and his wife Augusta, are laid to rest on Willemins Høj.
- 14 **Lighthouse** "Træskohage fyr" Built in 1904 and in operation until 1968. The lighthouse was renovated in 2017 with access to the top.
- 15 **Winther Heart** Art project composed of a network of lines all over the globe. Read more at www.winterheart.dk
- 16 **Belfry** Donated by patients and employees in 1964.
- 17 **Information Board** Stories of the Beach House in World War II.
- 18 **Training Course** Open air fitness area.
- 19 **Therapeutic Garden** Used by Vejle fjord Rehabilitation Centre as part of the rehabilitation therapy. Also part of the Training Course.
- 20 **"Evaldsbakke"** Scenic viewpoint about 80m above sea level
- 21 **Snail Hill** "Sneglebakken" Scientifically landscaped path to the top of an artificial hill. If a tuberculosis patient could go up the Snail Hill, they were ready to go home.

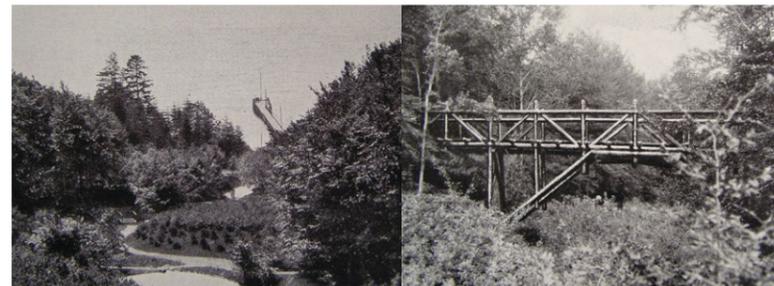
Footpaths History

On 1st March 1900 the "Pulmonary Sanatorium" opened. Vejle fjord Sanatorium was Denmark's first tuberculosis sanatorium and the scenic location, far removed from the commotion of the city centre, was carefully selected. Founder Christian Saugman's notion was that patients should have plenty of fresh air, rest and exercise.



Saugman established the area using a mountain therapy model, a network of footpaths of varying degrees of difficulty, so that patients could train systematically. In addition, the park was thoughtfully constructed with picturesque landscape with rhododendron bushes, bridges, streams and lakes, situated around the hilly terrain, all the way down to the fjord.

In the opening year, the mesh of pathways measured 12 kilometres and was soon extended to the 20 kilometres that exist today. The pathways are named after people connected to tuberculosis research and Vejle fjord.



The park and pathways are maintained by Vejle fjord's gardeners. In 2012, the pathways and the park underwent a major renovation and renewal, with financial assistance from Realdania.

On the pathways there are 20 Thinking Benches with inspirational quotes. Find your favourite quote and let your mind fly. The Thinking Benches are marked from 1 to 20 on the map.

Read more about the history on en.hotelvejle fjord.dk/vejle fjord-history/



Footpaths and nature





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Guests are very welcome in the woods
from sunrise to sunset.
Walking on roads and paths is undertaken
at your own risk.

Footpaths / trails on Vejlefjord's grounds
Footpaths in the public woods

- 1 til 20 Thinking Benches with quotes
- Benches
- 58 Highest Point, AMSL height indicated in meters
- * Viewpoint
- 1 Grandmother's Bridge "Bedstemors bro"
- 2 Fireplace
- 3 Dove Tree
- 4 Anniversary Oak
- 5 "Kongens Nytorv"
- 6 The Kings Beech
- 7 Kiss Me Quick Cottage
- 8 Monuments
- 9 Mask Tree
- 10 The Spring
- 11 Tulip Tree
- 12 The Forest Tower
- 13 Tomb
- 14 Lighthouse "Træskohage Fyr"
- 15 Winter Heart
- 16 Belfry
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- 19 Therapeutic Garden
- 20 "Evaldsbakke"
- 21 Snail Hill "Sneglebakken"

Marked routes

- Yellow: Flat terrain
- Blue: Slight Rise
- Red: Steep Rise - great for mountain biking
- Pink: Health path "Hjertestien"



- 1 Mainbuilding
- 2 "Saugmans Palæ"
- 3 "Vesthuset"
- 4 The Spa - The Thermal Baths and Thalasso Spa
- 5 Forrest and park department
- 6 Charging station for electric cars
- 1 Vejlefjord Rehabilitering
- 2 Former doctors residences
- 3 Former gardener and engineer residences
- 4 Former staff residences
- 5 Former doctors residences
- 6 Former doctors residences
- 7 Former superintendent residence
- 8 Former doctors residences

Træskohage Fyr

Himmerigsskrænten